



scba
inspire connect resource
southern counties baptist association

The team at SCBA
are pleased to invite
you to our next ...

SCBA Leaders' Day

Date: 9.30am-1pm, Thursday 20th May 2021

Online: Via Zoom

The team are delighted that Ruth Rice will be leading the day.

Ruth is the founder and Director of Renew Wellbeing who help establish Wellbeing Cafes nationally, working with churches of any denomination, training and supporting them to be present, prayerful and in partnership with local mental health teams, and encouraging "Quiet shared spaces where it is OK not to be OK."

Ruth will be sharing about Wellbeing Cafes, about her own journey regarding mental health and how we can look after ourselves and support the mental health needs in our communities.



To book, please use the booking form provided.

Please provide the names and email addresses for each attendee.

See more information at

[SCBA Leaders' Day](#)